



Dear Parents,

I want to welcome you back as we march forward into this unprecedented 2020-2021 school year at Immaculate Conception Grade School! For those of you who are new to Immaculate Conception or those I have not met, I am Karen Proctor the social worker at Immaculate Conception - this is my 16th year at IC. I am here on Mondays and Thursdays. AMITA/Alexian Brothers employs me, in partnership with Catholic Schools in the area to provide support services. My credentials include a Masters in Social Work; I am a Licensed Clinical Social Worker and have 25+ years in the field of social work. I am the mother of three children (27,23,21) 1 in graduate school and 1 in undergraduate.

I have outlined some of my responsibilities, so you will know what a social worker can do in the school setting.

Crisis Intervention: bereavement, self-injury or harm to self.

Brief counseling: loss, behaviors, divorce, death, peer relations, anxiety, stress. Students maybe referred to outside counseling as needed.

Classroom interventions: work with classroom teacher and develop programs such as getting along with peers, social skills and current issues.

Consultation: is available for teachers and parents to ask questions regarding any social/emotional/behavioral observations in students.

Virtual Counseling Services:

Provide Individual sessions (Via Google/Zoom)

Conduct student assessments and refer as needed

Consult with teachers and families (Virtually or by phone)

Conduct weekly check-ins with students > identified by school as students of concern (COVID related hardship, isolation anxiety, school refusal)

If at any time during the year you have any questions or concerns, please feel free to contact me. Since I travel, it is best to call the school office or email me and leave a number and time I should contact you. My email is karen.proctor@amitahealth.org. I look forward to serving the Immaculate Conception community students, staff and parents!

Blessings,

*Karen Proctor, LCSW, PEL
School Social Worker*